

Hi Flying Ls,

We hope you are safe and well. We have two new resources built just for you! Below you will find two new Canvas Courses we have been working on to help provide you with the resources and support you may need throughout Distance Learning. The first URL is our FLHS Family: Staying Connected page where we will post FLHS videos, pictures, mindfulness activities, and ways to deal with stress. The second URL is our FLHS Counseling page which will connect you to Guidance, Scheduling, Naviance, SAT/ACT information, BRACE, Senior Class Announcements, and much more. Copy and Paste the URLs below to enroll in these two important Canvas Courses and add them to your Dashboard. You will then have instant access to all things Fort Lauderdale! We miss you! Let's finish STRONG!

Canvas Page: Family

We designed this "FLHS Family-Staying Connected" Canvas page to provide you with resources for mental health, self-care, mindfulness, and coping with stress and anxiety. A Senior Video from the staff will be coming soon!

<https://browardschools.instructure.com/enroll/7H88HX>

Canvas Page: Guidance

FLHS Counseling Canvas page was created to provide updates on all of your academic and mental health needs. You will find all the updated information for Dual Enrollment, 2020-2021 Scheduling, SAT/ACT, Class of 2020 Announcements and much more.

<https://browardschools.instructure.com/enroll/KDNMBD>